



SWIMMING TIMETABLE

WEDNESDAY 20 APRIL - SUNDAY 3 JULY 2022

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	
MONDAY	Adult Swim 06.30-08.10		Aquafit 08.15-08.55 08.55-09.35 09.35-10.15		Members Swim 10.30-12.00		Adult Swim 12.00-14.00				Members Swim 17.00-18.00	Members Swim 18.00-19.45		Adult Swim 19.45-20.45		
TUESDAY	Adult Swim 06.30-08.30		Members Swim 08.30-09.45				Members Swim 12.00-14.00						Members Swim 18.00-19.45	Adult Swim 19.45-20.45		
WEDNESDAY	Adult Swim 06.30-08.25		Aquafit 08.30-09.15 09.15-10.00		Members Swim 10.15-12.00		Adult Swim 12.00-14.00							Adult Swim 19.30-20.45		
THURSDAY	Adult Swim 06.30-08.30		Members Swim 08.30-14.00											Members Swim 19.15-19.45	Adult Swim 19.45-20.45	
FRIDAY	Adult Swim 06.30-08.10		Aquafit 08.15-09.00 09.00-09.45		Members Swim 10.00-12.00		Adult Swim 12.00-14.00		60+ 14.00-16.00		Members Swim 16.00-18.00		Adult Swim 18.00-20.45			
SATURDAY					Family Splash 10.45-11.55						Members Swim 16.00-19.00			Adult Swim 19.00-20.00		
SUNDAY		Adult Swim 08.00-09.00	Members Swim 09.00-10.00	Family Splash 10.00-14.00				Members Swim 14.00-15.45					Members Swim 18.15-19.00	Adult Swim 19.00-20.00		

Note - Friday 29 April, the pool will be closed for a PE exam 13.30-15.00

If you wish you may still arrive pre-changed and towel dry on the side of the pool

Sauna and Steam Room - now fully open for use **

**Not during Aquafit

Adult Swim - Age 18+ (4 lanes): No bookable lane swim slots

Members Swim (2 lanes): Lengths swim – suitable for all

Family Splash: All ages - swimming with large floats

60+: 60 years of age and over only

Children under 8 must be accompanied by a responsible adult or parent on a 2:1 ratio



SWIMMING TIMETABLE

HALF TERM MONDAY 30 MAY - SUNDAY 5 JUNE 2022

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00
MONDAY	Adult Swim 06.30-08.10		AquaFit 08.15-08.55 08.55-09.35 09.35-10.15		Members Swim 10.30-11.55		Adult Swim 12.00-14.00		Family Splash 15.50-17.55		Members Swim 17.00-18.00	Members Swim 18.00-19.45		Adult Swim 19.45-21.00	
TUESDAY	Adult Swim 06.30-08.30		Members Swim 08.30-10.00		Family Splash 10.00-12.00		Members Swim 12.00-14.00		Family Splash 14.00-17.00			Members Swim 17.00-19.45		Adult Swim 19.45-21.00	
WEDNESDAY	Adult Swim 06.30-08.25		AquaFit 08.30-09.15 09.15-10.00		Members Swim 10.15-11.55		Adult Swim 12.00-14.00		Family Splash 14.00-17.00			Members Swim 17.00-19.45		Adult Swim 19.45-21.00	
THURSDAY		Adult Swim 08.00-10.00			Family Splash 10.00-12.00		Adult Swim 12.00-14.00		Family Splash 14.00-15.30	BANK HOLIDAY - Club closes at 16.00					
FRIDAY	Adult Swim 06.30-09.00		Family Splash 09.00-10.00	Adult Swim 10.00-11.30	PLATINUM JUBILEE BANK HOLIDAY - Club closes at 12.00										
SATURDAY		Adult Swim 08.00-09.00	Members Swim 09.00-10.00		Family Splash 10.00-14.00			Members Swim 14.00-18.00			Adult Swim 18.00-20.00				
SUNDAY		Adult Swim 08.00-09.00	Members Swim 09.00-10.00		Family Splash 10.00-14.00			Members Swim 14.00-18.00			Adult Swim 18.00-20.00				

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