

SWIMMING TIMETABLE

MONDAY 2 SEPTEMBER - SUNDAY 1 DECEMBER

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MONDAYS	Adult Swim 6.30-8.40 2 lanes		AquaFit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.00 2 lanes		50+ 2.00-4.00				Members Swim 6.15-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes	
TUESDAYS	Adult Swim 6.30-9.30 2 lanes			Members Swim 9.30-2.00 2 lanes						Members Swim 5.15-8.00 2 lanes			Adult Swim 8.00-9.00 2 lanes		
WEDNESDAYS	Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45 9.45-10.30		Members Swim 10.30-11.30 2 lanes	Adult Swim 11.30-2.00 2 lanes							Members Swim 7.15-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THURSDAYS	Adult Swim 6.30-9.00 2 lanes					Members Swim 11.15-2.00 2 lanes							Members Swim* 6.30-7.15 2 lanes	Members Swim 7.15-8.00 2 lanes	Adult Swim 8.00-9.00 2 lanes
FRIDAYS	Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45			Members Swim 11.00-2.00 2 lanes		50+ 2.00-4.00				Family Splash 6.15-7.30		Adult Swim 7.30-8.30 2 lanes	
SATURDAYS					Family Splash 10.30-12.45						Family Splash 3.15 - 5.00		Members Swim 5.00-7.00 2 lanes	Adult Swim 7.00-8.00 2 lanes	
SUNDAYS	Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes	Family Splash 10.00-4.15									Members Swim 6.15-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes	

* Half pool

Half Term 21 October - 3 November (see timetable overleaf).

Saturday 12 October the pool will close at 6.30pm - the Club will close from 6.30pm for a full staff meeting.

Thank you for your understanding.

Please note that the pool will be closed from 2nd December - 1st January inclusive. This is for repairs to the surrounding tiled areas.