

SWIMMING TIMETABLE

MONDAY 22 JULY - SUNDAY 28 JULY

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 22 JULY		Adult Swim * 6.30-8.40 2 lanes		Aquafit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUE 23 JULY		Adult Swim * 6.30-9.30 2 lanes		Members Swim 9.30-10.15 2 lanes					Members Swim 12.15-8.00 2 lanes						Adult Swim 8.00-9.00 2 lanes
WED 24 JULY		Adult Swim * 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THU 25 JULY		Adult Swim * 6.30-9.00 2 lanes		Members Swim 9.00-10.15 2 lanes			Members Swim 12.15-2.00 2 lanes		Family Splash 2.00-5.00				Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
FRI 26 JULY		Adult Swim * 6.30-8.55 2 lanes		Aquafit 9.00-9.45		50+ 11.00-12.00	Members Swim 12.00-2.30 2 lanes						Family Splash 6.00-7.30		Adult Swim 7.30-8.30 2 lanes
SAT 27 JULY									Family Splash 11.00-5.00			Members Swim 5.00-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes	
SUN 28 JULY		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes				Family Splash 10.00-5.00					Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes	

*NPLQ up to half pool 8.00-10.00 daily

MONDAY 29 JULY - SUNDAY 4 AUGUST

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 29 JULY		Adult Swim 6.30-8.40 2 lanes		Aquafit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUE 30 JULY		Adult Swim 6.30-9.30 2 lanes		Members Swim 9.30-10.15 2 lanes			Members Swim 12.15-2.00 2 lanes		Family Splash 2.00-5.00				Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
WED 31 JULY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THU 1 AUG		Adult Swim 6.30-9.00 2 lanes		Members Swim 9.00-10.15 2 lanes			Members Swim 12.15-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
FRI 2 AUG		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45		50+ 11.00-12.00	Members Swim 12.00-2.30 2 lanes						Family Splash 6.00-7.30		Adult Swim 7.30-8.30 2 lanes
SAT 3 AUG			Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes			Family Splash 10.00-5.00					Members Swim 5.00-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes	
SUN 4 AUG		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes				Family Splash 10.00-5.00					Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes	

MONDAY 5 AUGUST - SUNDAY 11 AUGUST

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 5 AUG		Adult Swim 6.30-8.40 2 lanes		Aquafit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUE 6 AUG		Adult Swim 6.30-9.30 2 lanes		Members Swim 9.30-10.15 2 lanes			Members Swim 12.15-2.00 2 lanes		Family Splash 2.00-6.00				Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
WED 7 AUG		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THU 8 AUG		Adult Swim 6.30-9.00 2 lanes		Members Swim 9.00-10.15 2 lanes			Members Swim 12.15-2.00 2 lanes		Family Splash 2.00-6.00				Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
FRI 9 AUG		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45		50+ 11.00-12.00	Members Swim 12.00-2.30 2 lanes						Family Splash 6.00-7.30		Adult Swim 7.30-8.30 2 lanes
SAT 10 AUG			Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes			Family Splash 10.00-5.00					Members Swim 5.00-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes	
SUN 11 AUG		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes				Family Splash 10.00-5.00					Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes	