

# SWIMMING TIMETABLE

## MONDAY 1 JULY - SUNDAY 7 JULY

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 1 JULY		Adult Swim 6.30-8.40 2 lanes		Aquafit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.00 2 lanes		50+ 2.00-4.00			Members Swim 4.00-8.00 2 lanes			Adult Swim 8.00-9.00 2 lanes
TUE 2 JULY		Adult Swim 6.30-9.30 2 lanes										Members Swim 9.30-8.00 2 lanes			Adult Swim 8.00-9.00 2 lanes
WED 3 JULY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.00 2 lanes		Members Swim 2.00-3.45 2 lanes					Members Swim 7.15-8.00 2 lanes	Adult Swim 8.00-9.00 2 lanes
THU 4 JULY		Adult Swim 6.30-9.00 2 lanes						Members Swim 11.15-2.30 2 lanes						Members Swim 6.30-8.00 Half Pool	Adult Swim 8.00-9.00 2 lanes
FRI 5 JULY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45			50+ 11.00-12.00	Members Swim 12.00-2.30 2 lanes					Family Splash 6.00-7.30		Adult Swim 7.30-8.30 2 lanes
SAT 6 JULY												Members Swim 3.00-7.00 2 lanes			Adult Swim 7.00-8.00 2 lanes
SUN 7 JULY		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes											Members Swim 6.15-8.00 2 lanes	Adult Swim 8.00-9.00 2 lanes

## MONDAY 8 JULY - SUNDAY 14 JULY

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 8 JULY		Adult Swim 6.30-8.40 2 lanes		Aquafit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.15 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUE 9 JULY		Adult Swim 6.30-9.30 2 lanes										Members Swim 9.30-8.00 2 lanes			Adult Swim 8.00-9.00 2 lanes
WED 10 JULY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.00 2 lanes		Members Swim 2.00-3.45 2 lanes					Members Swim 7.15-8.00 2 lanes	Adult Swim 8.00-9.00 2 lanes
THU 11 JULY		Adult Swim 6.30-9.00 2 lanes						Members Swim 11.15-4.45 2 lanes						Members Swim 6.30-8.00 Half Pool	Adult Swim 8.00-9.00 2 lanes
FRI 12 JULY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45			50+ 11.00-12.00	Members Swim 12.00-2.30 2 lanes					Family Splash 6.00-7.30		Adult Swim 7.30-8.30 2 lanes
SAT 13 JULY												Members Swim 3.00-7.00 2 lanes			Adult Swim 7.00-8.00 2 lanes
SUN 14 JULY		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes											Members Swim 6.15-8.00 2 lanes	Adult Swim 8.00-9.00 2 lanes

## MONDAY 15 JULY - SUNDAY 21 JULY

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 15 JULY		Adult Swim 6.30-8.40 2 lanes		Aquafit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUE 16 JULY		Adult Swim 6.30-9.30 2 lanes										Members Swim 9.30-8.00 2 lanes			Adult Swim 8.00-9.00 2 lanes
WED 17 JULY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.00 2 lanes		Members Swim 2.00-3.45 2 lanes					Members Swim 7.15-8.00 2 lanes	Adult Swim 8.00-9.00 2 lanes
THU 18 JULY		Adult Swim 6.30-9.00 2 lanes						Members Swim 11.15-2.30 2 lanes						Members Swim 6.30-8.00 Half Pool	Adult Swim 8.00-9.00 2 lanes
FRI 19 JULY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45			50+ 11.00-12.00	Members Swim 12.00-2.30 2 lanes					Family Splash 6.00-7.30		Adult Swim 7.30-8.30 2 lanes
SAT 20 JULY												Members Swim 3.00-7.00 2 lanes			Adult Swim 7.00-8.00 2 lanes
SUN 21 JULY		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes											Members Swim 6.15-8.00 2 lanes	Adult Swim 8.00-9.00 2 lanes