

SWIMMING TIMETABLE

MONDAY 12 AUGUST - SUNDAY 18 AUGUST

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 12 AUG		Adult Swim 6.30-8.40 2 lanes		AquaFit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.30 2 lanes						Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUE 13 AUG		Adult Swim 6.30-9.30 2 lanes		Members Swim 9.30-10.15 2 lanes			Members Swim 12.15-2.00 2 lanes			Family Splash 2.00-6.00			Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
WED 14 AUG		Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.00 2 lanes			Family Splash 2.00-6.00			Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THU 15 AUG		Adult Swim 6.30-9.00 2 lanes		Members Swim 9.00-10.15 2 lanes			Members Swim 12.15-2.00 2 lanes			Family Splash 2.00-6.00			Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
FRI 16 AUG		Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45		50+ 11.00-12.00	Members Swim 12.00-2.00 2 lanes	50+ 2.00-2.45				Family Splash 4.15-7.30			Adult Swim 7.30-8.30 2 lanes
SAT 17 AUG		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes						Family Splash 10.00-5.00				Members Swim 5.00-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes
SUN 18 AUG		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes						Family Splash 10.00-5.00				Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes

MONDAY 19 AUGUST - SUNDAY 25 AUGUST

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 19 AUG		Adult Swim 6.30-8.40 2 lanes		AquaFit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.45 2 lanes				Family Splash 4.15-6.00		Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUE 20 AUG		Adult Swim 6.30-9.30 2 lanes		Members Swim 9.30-10.15 2 lanes				Members Swim 12.15-3.45 2 lanes					Members Swim 4.45-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
WED 21 AUG		Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-3.45 2 lanes						Members Swim 4.45-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THU 22 AUG		Adult Swim 6.30-9.00 2 lanes		Members Swim 9.00-10.15 2 lanes				Members Swim 12.15-3.45 2 lanes					Members Swim 4.45-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
FRI 23 AUG		Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45		50+ 11.00-12.00	Members Swim 12.00-2.00 2 lanes	50+ 2.00-4.00				Family Splash 4.00-7.30			Adult Swim 7.30-8.30 2 lanes
SAT 24 AUG		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes						Family Splash 10.00-5.00				Members Swim 5.00-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes
SUN 25 AUG		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes						Family Splash 10.00-5.00				Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes

MONDAY 26 AUGUST - SUNDAY 1 SEPTEMBER

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 26 AUG			Adult Swim 8.00-9.30 2 lanes		Members Swim 9.30-12.00 2 lanes		Adult Swim 12.00-1.30 2 lanes	Family Splash 1.30-3.30			Bank Holiday Club closed from 4.00pm				
TUE 27 AUG		Adult Swim 6.30-9.30 2 lanes		Members Swim 9.30-10.15 2 lanes				Members Swim 12.15-2.00 2 lanes			Family Splash 2.00-8.00				Adult Swim 8.00-9.00 2 lanes
WED 28 AUG		Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.00 2 lanes			Family Splash 2.00-6.00			Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THU 29 AUG		Adult Swim 6.30-9.00 2 lanes		Members Swim 9.00-10.15 2 lanes				Members Swim 12.15-2.00 2 lanes		Family Splash 2.00-6.00			Members Swim 6.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
FRI 30 AUG		Adult Swim 6.30-8.55 2 lanes		AquaFit 9.00-9.45		50+ 11.00-12.00	Members Swim 12.00-2.00 2 lanes	50+ 2.00-4.00				Family Splash 4.00-7.30			Adult Swim 7.30-8.30 2 lanes
SAT 31 AUG		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes						Family Splash 10.00-5.00				Members Swim 5.00-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes
SUN 1 SEP		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes						Family Splash 10.00-5.00				Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes