

SWIMMING TIMETABLE

MONDAY 22 APRIL - SUNDAY 30 JUNE 2019

Half Term 27 May - 2 June - see separate timetable below

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MONDAY		Adult Swim 6.30-8.40 2 lanes		Aquafit 8.45-9.30 9.30-10.15 10.15-11.00			Adult Swim 11.00-2.00 2 lanes		50+ 2.00-4.00				Members Swim 6.15-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
TUESDAY		Adult Swim 6.30-9.00 2 lanes		Members Swim 9.00-2.00 2 lanes									Members Swim 5.15-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
WEDNESDAY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.00 2 lanes						Members Swim 7.15-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes
THURSDAY		Adult Swim 6.30-9.00 2 lanes						Members Swim 11.15-2.00 2 lanes					Members Swim 6.30-8.00 * 2 lanes		Adult Swim 8.00-9.00 2 lanes
FRIDAY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45			Members Swim 11.00-2.00 2 lanes		50+ 2.00-4.00				Family Splash 6.15-7.30		Adult Swim 7.30-8.30 2 lanes
SATURDAY						Family Splash 10.30-12.45				Family Splash 3.15-5.00		Members Swim 5.00-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes	
SUNDAY		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes	Family Splash 10.00-4.15									Members Swim 6.15-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes

* Members swim / Swim lessons half pool until 7.00pm

BANK HOLIDAY MONDAYS: 22 APRIL, 6 MAY, 27 MAY 2019

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 22 APRIL MON 6 MAY MON 27 MAY			Adult Swim 8.00-10.00 2 lanes		Family Splash 10.00-12.00		Adult Swim 12.00-1.30 2 lanes		Family Splash 1.30-3.30		BANK HOLIDAY POOL CLOSED				

HALF TERM: MONDAY 27 MAY - SUNDAY 2 JUNE 2019

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MON 27 MAY			Adult Swim 8.00-10.00 2 lanes		Family Splash 10.00-12.00		Adult Swim 12.00-1.30 2 lanes		Family Splash 1.30-3.30		BANK HOLIDAY POOL CLOSED				
TUE 28 MAY		Adult Swim 6.30-9.30 2 lanes		Family Splash 9.30-10.30			Adult Swim 12.15-2.00 2 lanes		Family Splash 2.00-5.00		Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes		
WED 29 MAY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30	Members Swim 10.30-12.00 2 lanes		Adult Swim 12.00-2.00 2 lanes		Family Splash 2.00-5.00		Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes		
THU 30 MAY		Adult Swim 6.30-9.30 2 lanes		Family Splash 9.30-10.30			Adult Swim 12.15-2.00 2 lanes		Family Splash 2.00-5.00		Members Swim 5.00-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes		
FRI 31 MAY		Adult Swim 6.30-8.55 2 lanes		Aquafit 9.00-9.45 9.45-10.30		Members Swim 11.00-2.00 2 lanes		50+ 2.00-4.00		Family Splash 4.00-7.30		Adult Swim 7.30-8.30 2 lanes			
SAT 1 JUNE		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes	Family Splash 10.00-5.30								Members Swim 5.30-7.00 2 lanes		Adult Swim 7.00-8.00 2 lanes	
SUN 2 JUNE		Adult Swim 8.00-9.00 2 lanes	Members Swim 9.00-10.00 2 lanes	Family Splash 10.00-5.30								Members Swim 5.30-8.00 2 lanes		Adult Swim 8.00-9.00 2 lanes	

Adult Swim: Age 18+

Members Swim: Lengths swim – suitable for all

Family Splash: All ages - swimming with large floats

50+: Ages 50 and over

2 lanes: Structured lane swimming

Children under 8 must be accompanied by an adult (18+) or parent